

Pine Trail Run 50K

Course Summary

Segment #	Beginning Location & Elevation	Ending Location & Elevation	Segment Distance Miles	Total Miles to End of Segment	Elevation Ascent in Segment	Elevation Descent in Segment	Trail Sequence	Closing time of Aid Station at End of Segment	What is at Aid Station at End of Segment
1	Start at Pine Trailhead 5,380'	Aid Station #1 Geronimo Trailhead 5,420'	9.0	9.0	1463'	1440'	#31 east	10:00 AM (4:00 hours race time)	Volunteers to record all runner bib #s and times; canopy; chairs; tables; water; snack-type foods; radio contact; first aid kit; port-a-potty
2	Aid Station #1 Geronimo Trailhead 5,420'	Aid Station #2 W. Webber Trl/Milk Ranch Pt Rd 7,230'	4.3	13.3	2064'	246'	#31 west, #240 north, #217 west, #228 west, FR #218 north	12:30 PM (6:30 hours race time)	Volunteers to record all runner bib #s and times; canopy; chairs; tables; water; snack-type foods; radio contact; first aid kit; port-a-potty
3	Aid Station #2 W. Webber Trl/Milk Ranch Pt Rd 7,230'	Aid Station #3 Gen. Crook Trailhead 7,250'	6.3	19.5	460'	450'	FR #218 north, FR #218A north, Crook Trail west, FR #6038 south	3:00 PM (9:00 hours race time)	Volunteers to record all runner bib #s and times; canopy; chairs; tables; water; snack-type foods; radio contact; first aid kit; port-a-potty
4	Aid Station #3 Gen. Crook Trailhead 7,250'	Aid Station #4 Good Enough Trail junction 6,150'	7.5	27	804'	1886'	FR #6038 south, Trail #26 south	5:30 PM (11:30 hours race time)	Volunteers to record all runner bib #s and times; water; radio/cellphone contact; first aid kit.
5	Aid Station #4 Good Enough Trail junction 6,150'	Finish at the Barn 5,320'	5.4	32.4	410'	1240'	Trails #26 south, #28 east, #31 west	7:00 PM (13 hours race time)	Volunteers to record all runner bib #s and finishing times; canopies; chairs; tables; water; cellphone contact; first aid; BBQ dinner, port-a-potty
	Totals				5201'	5262'			

Notes:

1. Distances, Climb, and Descent are estimated from GPS track data.
2. Rev 10-11-23